



26th July 2021

Dear Parents/whanau

Over the next few weeks we will be teaching the personal safety programme Keeping Ourselves Safe.

Keeping Ourselves Safe has been designed to give students the skills to cope in situations involving abuse. It has three overall aims:

- to develop and strengthen children's skills to keep themselves safe with other people, both online and face to face
- to support and encourage abused children to get help from caring adults
- to make teachers and parents and caregivers more aware of the need to keep children safe from abuse by adults or other children.

Keeping Ourselves Safe will be taught by your child's teacher, with support from the local Police School Community Officer as required.

To be successful, Keeping Ourselves Safe needs your help and support. Your child may have home activities to work on with you. It is important that you participate as much as possible and talk to your child about what they have been learning. This will reinforce the messages the school is giving, and help your child to use his or her new skills with confidence.

This is part of our NZ Physical Health and Education curriculum and will be supported by our social worker in schools Liz MacKay. Please do not hesitate to contact me if you have any questions or for any further information.

Please complete the attached form if **YOU DO NOT WISH** your child to participate in the Keeping Ourselves Safe Programme.

Nga mihi

Michelle Ryan

**I do not give permission for my child _____
to participate in the Keeping Ourselves Safe Programme.**

Signed _____

